

**Did you know?  
March is National Nutrition Month!**

What better way to celebrate health and nutrition, than with these **FREE nutrition materials**? Order today, and enjoy nutrition activities for your classroom! I encourage you to share this with your colleagues, to make sure many students benefit from learning about nutritious living. Cheers to good nutrition and active lives!

Healthy Regards,  
*Whitney Wallace*  
Director of Consumer Outreach  
Missouri Beef Industry Council

*Hurry, quantities are limited.*  
**Order Yours Today!**

<b>Name:</b>	<b>Grade Level:</b>	<b># of Students:</b>
<b>School Name:</b>		
<b>Mailing Address (no PO Boxes please):</b>		
<b>School Phone:</b>	<b>Email:</b>	

<u>Item</u>	<u>Quantity Needed</u>
<b>ZIP activity book</b> — sixteen pages of learning and fun for students in <i>third through fifth grade</i> . <b>The book includes:</b> Healthy tips, puzzles, recipes, MyPlate information, and a free teacher activity guide	
<b>MyPlate tear sheets</b> — colorful classroom materials sharing the new MyPlate guidelines, which were developed by the United States Department of Agriculture and the Department of Health and Human Services.	

**Return Form To:**  
Missouri Beef Industry Council  
ATTN: Whitney Wallace  
FAX: 573-817-0889  
*For additional classroom materials, visit*  
**www.mobeeff.com or email**  
**whitney@mobeeff.com**